

DEVELOPMENTAL MILESTONES

BIRTH TO 3 MONTHS

- Lifts head and chest when on stomach
- Moves arms and legs easily
- Follows movements by turning head from side to side
- Easily takes breast or bottle and sucks well
- Looks and watches faces
- Makes gurgling or cooing sounds
- Smiles in response to smile or voice

3 TO 6 MONTHS

- Plays with feet when lying on back
- Lifts head and chest with weight on hands when on stomach
- Holds head upright and steady without support
- Rolls from stomach to back and back to stomach
- Plays with own hands by touching them together
- Reaches for toys
- Plays with a toy placed within reach
- Turns head toward sounds
- Makes lots of different sounds
- Laughs out loud
- Begins to show likes and dislikes

6 TO 12 MONTHS

- Pulls up to stand with some help
- Sits without help while playing with toys
- Transfers small objects from one hand to the other
- Feeds self finger foods
- Imitates waving bye-bye
- Lets you know needs with motions and sounds
- Copies speech sounds (baba, gaga)
- Takes turns while playing with adult (actions, sounds, facial expressions)
- Understands simple questions.
- Knows parents from strangers

12 TO 18 MONTHS

- Walks alone
- Picks up small objects (raisin size)
- Puts one object on top of another

Feeds self with spoon
Holds cup and drinks with some spilling
Points to several things or pictures when named
Says 2-3 different words in addition to mama, dada
Asks for things using words

18 MONTHS TO 2 YEARS

Walks up and down stairs with hand held
Scribbles with marker/crayon
Moves body in time to music
Says 100-200 words
Puts two words together (*More juice*)
Begins to ask questions
Feeds self
Takes off shoes and socks
Looks at storybook pictures with adult
Makes simple choices among toys (puzzles or trucks)
Mimics another child's play (pouring sand, throwing ball)

2 TO 3 YEARS

Walks, runs, stops, steps up, squats down
Stacks more than two objects
Uses spoon and cup independently
Follows two step directions (*Get the book and put it on the table*)
Names five or six body parts on self
Says several hundred words
Talks in short (2-4 word) sentences